

V20141021

# **EUROPEAN KARATE ORGANIZATION**

## **KATA COMPETITION RULES**

### **1. COMPETITION SURFACE**

1.1 Competition surface shall have a smooth surface where necessary accident prevention measures.

1.2 Competition surface should be large enough to give each competitors performance enough space. If the co

mpetition takes place on the same surface as kumite, these surface lines can be crossed if necessary

Comment: A solid, level floor is required. Puzzle mats and judo mats used in kumite competitions are allowed.

### **2. OFFICIAL CLOTHING**

2.1 Competitors and judges must be dressed according to § 2 and § 5 of the European kumite rules (EKO).

2.2 Failure to comply with these may be excluded from the competition.

Comment: Contestants who are incorrectly dressed will be given a minute to correct this.

### **3. ORGANIZATION OF KATA COMPETITION**

3.1 Kata competition in the form of individual competition has a lady and a men's division. Each division has three classes:

Class A Adults and U22

Class B Juniors

Class C Cadets

3.2 Kata competition takes place according to the same elimination system as in kumite, but with a match for third places. Before the draw, the four competitors with the best record will be seeded.

3.3 Competitors shall perform kata from the class the participant is participating in.

Elimination rounds

Class A: Gekisai Dai, Gekisai Sho, Yantsu, Tsuki no kata, Saiha.

Class B: Gekisai Dai, Yantsu, Tsuki no kata

Class C: Pinan 2-5

Semi- and finals

Class A: Seipai, Kanku, Seienchin, Sushiho, Garyu.

Class B: Gekisai Dai, Gekisai Sho, Yantsu, Tsuki no kata, Saiha.

Class C: Gekisai Dai, Yantsu, Tsuki no kata.

3.4 The competition takes place in principle in rounds with exclusion in each round. If it more than 4 contestants an elimination round/rounds will be made.

3.5 Elimination rounds: Contestants will perform a kata to be random chosen by the referee before each match from the list of the elimination kata.

Semi-finals and finals: Different kata must be used in each round chosen by the contestants from the list of the final kata.

3.6 Before each final match, both contestants shall submit the name of the kata to be presented. If another kata presented the contestants will be disqualified.

3.7 Unlike competition in Kumite there will be a match to the 3rd place by the losers from the semifinal.

## **4 JUDGING PANEL**

4.1 A panel of three, five or seven judges has to be appointed by the competition's head judge before each match. The judges should have knowledge and understanding of each competition kata class. For EKO European Championship there will be five judges.

4.2 Protocol keeper of the minutes and announcer will be located.

4.2 The judges are placed at the competition surface border as per Appendix. The judges shall sit on a chair and use a red and a white flag except the main referee who has no flag. The competitor will face the Shomen when performing the kata. The referee will have his back to Shomen, in difference to the place of a referee in Kumite.

## **5 CRITERIA FOR JUDGEMENT**

5.1 The competitor must successfully complete their chosen kata and demonstrate a clear understanding of the elements and principles that traditional kata contains. Kata should be according to Kyokushin Karate idea and design. The following shall be evaluated for decision in the match.

- A realistic performance of the Kata meaning (Riai).
- Demonstrate a proper understanding of the techniques that are performed (Bunkai).
- Correctly applied power, timing, rhythm, speed, acceleration, balance and focus of power (Kime).
- Proper breathing to assist the force and focus (Kokyu, Ibuki, Kiai).
- Proper attention (Chakugan, Zanshin).
- Correct posture and position (Shisei, Tachi).
- Proper form and technique (Kihon, Waza).
- Overall performance will be judged in the first instance where a well-trained and mature movement should be rewarded.

Judgment can be summarized in the following three concepts:

1. Technician's tempo (Waza no kankyu)
2. Power's application and rhythm (Chikara no kyojaku)
3. Breathing Control (Iki no Chosei)

5.2 If a competitor stops, comes off by themselves or performs a totally improper technique, despite that, the match will go to voting (Hantei).

Comment: Kata is not a dance or theatrical show. The performance will be based on traditional values and principles. Despite this, the performance has to show empathy in kata technical and mental order. Kata should be realistic in fighting terms and display concentration, endurance and power potential. It should show strength and speed as well as elegance, rhythm and balance.

## **6 CONTEST EXECUTIONS**

6.1 When the competitor's name is announced they shall immediately proceed to the competition area. The first announced should wear a red marker ribbon attached to the belt.

- The first announced competitor (red) would, after a bow, directly enter the area and face shomen standing on the competitor's line. The second announced competitor (white) would do the same procedure.
- The referee stands up, turns around and faces Shomen.

- On the referee's request: "Shomen ni rei" is performed. The referee turns around once more and gives the commands for "Shushin ni rei-Otagai ni rei" and the competitors perform the greetings.

- The referee sits down on the chair.

- On the referee's request "Shiro akeru", the white competitor leaves the match area with a bow at the line. The white competitor stays outside the area facing Shomen.

### **Red competitor**

- On the referees request "Sagate" the red competitor goes back to his chosen start position facing shomen.

- In elimination match the referee selects a kata by random pull a card with the kata name and announce it. The competitor repeats the name.

- In a final match (3<sup>rd</sup> price, Semi- or final) red competitor says the name of the kata to be performed. The referee repeats the name and gives the command to start the kata in the usual manner. After the kata is completed the referee gives the command to return to the Fudo-dachi. On the referee's request "Aka akeru", the red competitor leaves the match area with a bow at the line. The red competitor stays outside the area facing Shomen.

### **White competitor**

- On the referee's request "Nakai, the white competitor bows and goes into the match area, opposite the referee and facing Shomen, for the kata an appropriate location. Red contestant stays outside the area facing Shomen.

- In elimination match the referee selects a kata by random pull a card with the kata name and announce it. The competitor repeats the name.

- In a final match (3<sup>rd</sup> price, Semi- or final) white competitor says the name of the kata to be performed. The referee repeats the name and gives the command to start the kata in the usual manner. After the kata is completed the referee gives the command to return to the Fudo-dachi. White competitor goes forward to the competitors line after the referees command "Mae date".

### **Decision**

- Still sitting, the referee gives the command "Aka Nakai" and the red competitor enter the area again and faces shomen standing on the competitor's line. On the referees command "Hantei otorimasu-Hantei" to all the judges, all judges including the referee give there vote. The judges lifts their flags at the same time as the referee lifts his arm. Draw may not be given as a vote.

- The referee take his arm down, stands up and counts the number of red and white flags (as in a Kumite).

- Next, the referee raises the hand representing the competitor with the most votes and announces with the signal of his arm that red or white has won the match with the command "AKA" or "SHIRO".
- The referee turns around and faces Shomen.
- On the referee's request " Shomen ni rei" is performed. The referee turns around once more and gives the commands for "Shushin ni rei-Otagai ni rei " and the competitors perform the greetings. Then the competitors are allowed to shake hands and leave the area after a bow at the area line.

## Appendix

